



Lisa Damour, Ph.D.

GUIDING TEENAGERS THROUGH THE SEVEN TRANSITIONS INTO ADULTHOOD

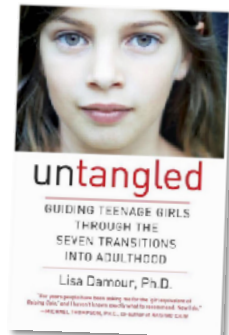
Tuesday, May 1, 2018 - 12 pm
Marquardt Administration Center
1860 Glen Ellyn Rd. - Glendale Heights

Tuesday, May 1, 2018 - 7 pm
Glenbard West
670 Crescent Blvd. - Glen Ellyn

New York Times best selling author Damour pulls back the curtain on the teenage years and shows why your teen's erratic and confusing behavior is actually healthy, necessary, and natural. Dr. Damour draws on decades of experience and the latest research to reveal the seven developmental stages that turn adolescents into thriving adults. This presentation will explain what's going on, prepare parents for what's to come, and tell them when it's time to worry.

Damour will offer parents tips to deal with anxiety, substance use, moods, media, and more. When parents know what makes their teens tick, they can better enjoy the challenge, grow with their child, and form happier, healthier relationships.

Dr. Damour is the director of Laurel School's Center for Research on Girls, a senior advisor to the Schubert Center for Child Studies at Case Western Reserve University and a regular contributor at CBS News and *The New York Times*. She has held fellowships from Yale's Center in Child Development and Social Policy and the University of Michigan's Power Foundation and speaks internationally on education and child development. Her award winning book *Untangled*, praised as "mandatory reading", is filled with practical guidance for teens, their parents, teachers and advocates.



6:30 pm - Pre-meeting event
VAPING / E-CIGARETTES - WHAT YOU NEED TO KNOW
Matthew Quinn, LCPC, CADC Rosecrance Health Network



These free programs are open to the public. CPDUs are available.

